

## **Just Say YES!**

Don't worry, you don't have to do anything you don't want to do. This is about choices, service, saying YES to God. Sometimes, service looks like Mother Theresa to us and we feel there is no way to meet that standard. There are ways in which we can live a life of service that supports us in being in our bliss. The freedom, that is our birthright, is alive and well in true service. I invite you to say YES to your passion, gifts, your authentic self, say YES to God. This time together is an exploration, recognition and realization of the Truth, who we are and our purpose and place in this journey of self expression, fulfillment and service.

Presented as a 3 hour workshop

This was an Asilomar workshop and there were no evaluation sheets available for comments. Everybody liked it!!